



## LIFE SKILLS AND CRIME PREVENTION

***“We are passionate and committed to refocusing lives by giving people hope and living the message that change is possible”***



We provide workshops and programmes for adults, children and young people of various ages, from schools; exclusion projects Youth services, Youth offending teams, Children’s homes, Faith groups & prisons



We use cognitive behavioral approaches, education and personal experiences to help young people look at their lifestyle and change negative behavior into positive.



We educate young people about the domino effect of using drugs and being involved in crime and the law.



We provide mentoring and coaching, to support people who may be involved in the criminal justice system but not exclusively



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